

# Dates:



card

3 words

notes from the end of the day

# Synthesis

- Look over your cards and words for the week. Are there any themes that emerge?
- If any major arcana cards showed up, what might they be indicating? What's the overall soundtrack playing in the background (serious, scary, lighthearted?)
- Bonus points: arrange the cards in any order to tell a story.

The goal of this exercise is to keep the cards you pull top of mind for the week and see how they show up.



Initial thoughts

Final observations